



Community Service Program: Implementation of the "One Day Five Verses" Method in Memorizing the Qur'an

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Abstract

The application of the "one day five verses" method is one of the forms and models used to memorize Al-Qur'an verses, especially at the children's level at SD IT An-Nur in Meunasah Lhok Village, Meureudu District, Pidie Jaya Regency. Superior program by implementing a system of memorizing five verses a day for students so that within a year, students are able to memorize one juz. The aims of this research are: 1) to find out how to memorize students using the "one day, five verses" method at SD IT An-Nur Pidie Jaya. 2) Determine the abilities and targets of students by implementing the "one day, five verses" method at SD IT An-Nur Pidie Jaya. In this research, researchers used descriptive qualitative research methods with a case study approach. Then, data collection was carried out through interviews, observation, and documentation. The background of the research method is to make it easier to obtain the desired data and sources and to obtain precise and accurate information. The results of research on the "one day, five verses" method at SD IT An-Nur Pidie Jaya show that running and implementing this memorization system works well. Every morning before learning begins in class, students are required to give or deposit their memorization to their respective class teachers.

Keywords: Community Service Program; One Day Five Verses; Memorizing the Qur'an

Article Info

Article History:

Received: 05-11-2023 Accepted: 12-25-2023 Publish: 12-30-2023



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: 10.51590/jpm_assunnah.v3i4.516

Introduction

Memorizing the Qur'an has also become a trend among Muslims themselves, as evidenced by children, teenagers, and even the elderly memorizing it for various purposes. Santri, who are teenagers who live in Islamic boarding schools, memorize the Qur'an every day. For this reason, in memorizing the Qur'an, a method is needed to make memorizing the Qur'an easy. The method is a step that cannot be left behind in the implementation of teaching and learning. When teaching the teacher should use a method and use a method that cannot be arbitrary, it must be in accordance with the vision of learning.¹ This memorization method is necessary in order to complete memorizing the Qur'an, because with it, it will be easier for someone to memorize. There are many kinds and variations of memorizing methods with their advantages and disadvantages.

Memorizing the Al-Qur'an is an activity that is very closely related to working memory in the brain. The role of teachers and parents is very important when assisting children in the process of memorizing the Qur'an because most children do not yet have full responsibility for their memorization; they also do not have a strategy for repeating the information they have received in terms of 'This is a recitation of the Qur'an which he has memorized.'²

Children do not yet have a strategy in the memorization process. Therefore, the task of parents and teachers is to accompany them to set strategies in memorizing the Al-Qur'an. Miller and Seier³ explain that strategy consists of mental activity that is carried out intentionally to increase information processing. For example, older children and adults usually use the strategy of repeating information and organizing it for effective recall. Meanwhile, most young children do not use these two strategies to remember.

A child's ability to memorize the Al-Qur'an can be influenced by the motivation of the family who supports him in carrying out repetitions of his memorization outside of school so that the activity of memorizing the Al-Qur'an is more optimal, so it is necessary to know three important aspects put forward by Jensen⁴ about neural networks in the brain that can be interconnected with each other through the process of acquisition, elaboration and memory formation.

Therefore the method of memorizing the Qur'an is very interesting to study because the method of memorizing the Qur'an is a way to make it easier for students to memorize the Qur'an. Because memorizing the Qur'an is not the same as memorizing other books or encyclopedias, a proper method is needed. Because those who memorize the Qur'an will certainly be elevated by Allah. This is a noble deed that if a child can memorize the Qur'an, then in the afterlife he will get the gift of being able to put crowns on both parents.⁵

The activity of memorizing 5 verses a day which is applied to elementary school students at SD IT An-Nur is a superior program that is owned by the school for the sake of carrying out its mission so that elementary school children are able to memorize at least 1 juz a year, this method is a superior activity that where the school invites all students to be enthusiastic and routinely memorize the Qur'an from an early age, this activity is a form of cooperation from the school, teachers and parents so that students are able to memorize both when they are in the school environment and when they are at home, the relationship between the school and the student's guardians is well established so that students are given directions to memorize at school by the teacher and also the participation of parents to help children memorize while at home this memorization deposit activity is carried out every day to deposit their memorization in schools that are assisted by the teacher in checking and listening to memorization from SD IT AN-NUR Pidie Jaya students, not only do the teachers play a role in helping elementary students memorize 5 verses in a day but parents also participate in helping children memorize when at home, which is assisted by communication and

¹ Syaiful Bahri Djamarah, *Psikologi Belajar* (Jakarta: Rineka Cipta, 2012).

² Cucu Susianti, "Efektivitas Metode Talaqqi Dalam Meningkatkan Kemampuan Menghafal Al-Qur'an Anak Usia Dini," *Tunas Silivangi: Jurnal Program Studi Pendidikan Guru PAUD STKIP Silivangi Bandung* 2, no. 1 (2017): 1–19.

³ Santrock, *Life Span Development* (Bandung: Rosdakarya, 2012).

⁴ E Jensen, *Pembelajaran Berbasis Otak Paradigma Pengajaran Baru* (Jakarta: Indeks, 2011).

⁵ Abdul Azis Abdul Rauf, *Kiat Sukses Menjadi Hafizh Qur'an Da'iyah* (Bandung: Syamil, 2004).

cooperation from the school to parents, the purpose of this method of memorizing 5 verses a day is to form a young generation who love the Qur'an and are able to memorize and keep the Qur'an from the very beginning. early age.

The one-day five-verse method makes it easier for students to memorize; even those who are weak in memorization can follow it, and students are motivated to increase their memorization because of the systematic memorization program. Furthermore, the supporting factors for memorizing the memorization target for each student are not the same: giving rewards to students who are able to achieve the target, holding events, and bringing in figures that motivate memorization.⁶

The approach used in this research is qualitative research with descriptive methods. This is because some of the qualitative characteristics match the research objectives. The qualitative descriptive method is a problem-solving procedure that is investigated by describing the condition of the subject or object of research (a person, institution, community, etc.) at present based on the facts that appear or as they are.⁷ This study seeks to understand and describe how the one-day five-verse method is applied at SD IT An-Nur Pidie Jaya. Data collection techniques are more on observation, in-depth interviews, documentation, and combination/triangulation.⁸ So, in this study, researchers used data collection techniques through three things, namely 1) observation, 2) Interviews, and 3) Documents. Data analysis techniques in this study used the Miles and Huberman model. Sugiono stated that the activities in qualitative data analysis were carried out interactively and continued continuously until they were completed so that the data was saturated. The activities carried out in data analysis are data reduction, data presentation, and data verification.

Result and Discussion

From the results of the research, information was obtained that the current trend is for parents to make their children hafiz and hafidzoh. This became a phenomenon after one of the TV media held a tahfidz program which caused admiration where children had memorized the Al Quran up to 30 chapters. How great they are and how proud parents are to have such a child. So these parents' wishes were captured by people who were concerned with the tahfidz program to set up educational institutions specifically for memorizing the Qur'an. Each institution has different techniques and methods. The important thing is that children are able to memorize the Qur'an properly and correctly according to the legal rules of reading that have been exemplified by the Prophet Muhammad. Likewise, formal institutions such as elementary schools are not left behind following this trend. Many IT-based elementary schools have succeeded in implementing the tahfidz program amidst the density of other lessons.⁹ This tahfidz program would indeed be better if started at a young age. This is in accordance with the words of the Prophet Muhammad SAW which Imam Bukhari Muslim narrated that if memorizing the Qur'an starts at an early age, the memorization will be firmly embedded in the memory.

خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ

"The best of you are those who learn the Qur'an and teach it".

The hadith mentioned above relates to the advantages and virtues of learning the Qur'an. If it is done at an early age, Allah will attach its memorization to the flesh and blood. But for anyone, memorizing the Qur'an at any age level is not a simple job; it requires struggle and a strong desire. It would take a long time for one letter to be memorized. After memorizing, it requires effort to

⁶ Tri Fahad Lukman Hakim and Abd Haris, "Metode One Day Five Ayat Dalam Meningkatkan Kemampuan Menghafal Santri Di Pondok Pesantren Al-Aqobah 4 Jombang" *FATAWA: Jurnal Pendidikan Agama Islam* 2, no. 2 (2022): 199–205.

⁷ Sugiono, *Metodologi Penelitian Kualitatif Dan R&D*. Bandung. Alfabeta. (Bandung: Alfabeta, 2009).

⁸ Djam'an Satori Aan Komariah, *Metode Penelitian Kualitatif* (Bandung: Alfabeta, 2009).

⁹ Fatimah Rahmawati, "16 Cara Menghafal Al Qur'an Dengan Cepat Dan Mudah Untuk Pemula.," <https://www.merdeka.com/jabar/16-cara-menghafal-al-quran-dengan-cepat-dan-mudah-cocok-dipraktikkan-untuk-pemula-klm.html>, 2020.

keep it stored in the brain's memory. If you don't take care of it seriously, then in a short time, it will be easy to forget and lose in memory. If you are not good at using time, then whatever method is used to memorize the Al Quran will only be a mere wish. Currently, millions of children are able to memorize the Qur'an very well because they are able to make good use of their time and thanks to the help and omnipotence of Allah SWT.¹⁰ After memorized must learn subjects and other activities. This is different from Islamic boarding schools, which specialize in tahfidz education, actually carry out strict guidance and agenda preparation, and do not do many other activities except memorizing the Qur'an.

Therefore, there will be very different results between madrasah institutions and Islamic boarding schools. It is necessary to have a separate strategy to be able to carry out the tahfidz program in schools because the situation and conditions are very different from those of Islamic boarding schools. In order for the tahfidz program in IT elementary schools to be successful, a special strategy is needed, which must be planned, scheduled, and implemented properly and consistently. The principles that need to be considered in memorizing are as follows: the material to be memorized should be endeavored to be truly understood by the child. Verse by verse that will be memorized should encourage someone to want to "devour" it like a delicious meal ready to be eaten. In order to be able to survive in memory, memorization should be used in daily activities, for example, reading when the priest prays in the congregation and reading when circumcision prayers. The point is used functionally in everyday life. This is known as Active Recall and must be done as a routine.¹¹



Figure 1. Children Memorizing the Qur'an

Hafidz/hadizoh need to instill the mental attitude that memorizing the Qur'an is absorbed into their hearts from every verse that they read and memorize as if the contents of the Qur'an are only for themselves so that it becomes a guide for their behavior, activities both towards Allah and towards the surrounding environment. In him will radiate a light of serenity that will make everyone like him and foster exemplary. It is a great loss if you just read what you read; you memorize if you can't make yourself an inspiring figure and influence society.¹²

Taking into account the many tahfidz techniques used today, it shows that there are no standard techniques, methods, or techniques for memorizing either in Islamic boarding schools or in institutions such as IT elementary schools or others. However, some techniques are commonly

¹⁰ Ali Yusuf, "Ingin Sukses Menghafal Alquran? Lakukan 10 Hal Ini," *Republika.Com*, 2020.

¹¹ Zakiyah Daradjat, *Metodologi Pengajaran Agama Islam* (Jakarta: Bumi Aksara, 2001).

¹² Ahmad Fatah, "Dimensi Keberhasilan Pendidikan Islam Program Tahfidz Al-Qur'an," *Edukasia: Jurnal Penelitian Pendidikan Islam*, 2014, <https://doi.org/https://doi.org/10.21043/edukasia.v9i2.779>.

used in all tahfidz educational institutions, such as Talaqqi, Tasmi', Murojaah, or other terms that actually have the same process. The difference is usually conditional or the use of accessories and additional media to make it more effective and successful. The diversity of techniques shows that a good memorization technique is based on the ability of each individual. However, an institution needs one or a mutually agreed upon technique to be used to facilitate coaching and evaluation¹³ From the results of research on the implementation of tahfidz at IT An-Nur Pidie Jaya Elementary School, it is very different compared to the implementation of tahfidz at Islamic boarding schools or tahfidz houses. At SD IT, most of the targets are for students to memorize Juz 30, while at Islamic boarding schools, the target is 30 Juz. This is where SD IT is constrained by a study schedule, which makes it impossible to carry out the entire Al-Quran. Likewise, the technique does more by assigning verses to verses to memorize at a certain time. It can be explained that an effective technique for memorizing the Qur'an at SD IT An-Nur has one or two techniques that are commonly used in institutions that have already implemented them and then modifying their implementation according to the situation and conditions at the SD IT concerned. Because, in fact there is no standard technique so that children are able to memorize the Al Quran which is carried out consistently and continuously with sincere intentions for the sake of Allah alone. However, the methods and techniques used ultimately return to the management of the educational institution itself. It takes the involvement of all educational components so that the tahfidz program can be successful in addition to management, which must have one goal and be implemented. In the process of teaching and learning at madrasah ibtidaiyah, the teacher has a very strategic and decisive role, especially in the process of guidance on memorizing the Al-Quran, and the existence of a teacher is mandatory. Tahfidz supervising teachers must have their qualifications which must have the ability to read the Qur'an properly and correctly, understand the ins and outs of reciting the Qur'an and also the meaning of the reading. Even if he is able, the tahfidz teacher is also a hafidz or hafidzoh. However, even if he is not a hafiz or hafidzoh, apart from being able to read and understand the Qur'an, he must have the determination and strong desire to memorize the Qur'an with students.

Conclusion

Based on the results of the research and discussion that have been described, it can be concluded that the implementation of the one-day five verse method at SD IT An-Nur has gone very well. This is proven: a) Before students memorize, they correct their reading first. b) SD IT An-Nur applies clear memorization targets because they are structured. c) the one-day five-verse method repeats the verse. d) evaluation of memorizing SD IT An-Nur, looking at the ability of students. The implications of the one-day, five verse method in improving students' memorization abilities, memorizing are more structured, so that the target of memorization can be achieved. The one-day five-verse method makes it easier for students to memorize; even those who are weak in memorization can follow it, and students are motivated to increase their memorization because of the systematic memorization program.

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¹³ Aida Hidayah, "Metode Tahfidz Al-Qur'an Untuk Anak Usia Dini (Kajian Atas Buku Rahasia Sukses 3 Hafizh Quran Cilik Mengguncang Dunia)," *Jurnal Studi Ilmu-Ilmu Al-Qur'an Dan Hadis*, 2018, <https://doi.org/https://doi.org/10.14421/qh.2017.1801-04>.

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